

TRAUMA COUNSELLING SKILLS

Learn to sit with people in their hardest moments

In South Africa's public hospitals, patients carry trauma alongside physical injury. This course equips you to understand what is happening in body, mind, and spirit – and to respond with skill and empathy.

Online • 18 CPSC CPD Points • 8 Sections •
±18 Hours • HospiVision Certificate •
University of Pretoria Certificate (optional)



How it affects the brain
and body



Person-centred
listening and empathy



Psychological First Aid
and spiritual support



Western frameworks and
African Indigenous
Knowledge Systems



Knowing your limits
and when to refer



Guarding against
burnout in yourself



HospiVision
Touching lives. Giving hope.

+27 12 329 9492 | friend@hospivision.org.za | training@hospivision.org.za

www.hospivision.org.za